

What you want

Why are some people happy with very little, while others are miserable in paradise?

While travelling and working in several different countries Oberon author Janet Poole found herself on a mission to solve this human mystery.

Her recently self-published latest book, entitled *How to get everything you want - just like that*, is her guide to help others discover their true value.

Studying people and their behaviour, Janet has used her life journey both in Australia and overseas to provide a guide to show people how to truly experience living.

Janet says scientific evidence proves we are so powerful that every day we are each creating our own world.

"It is our choice to either wreak havoc in our lives or create anything we want just as easily," she said.

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already wired for it; you already have this power, you already use it but you don't use it effectively," she said.

"You're given several powerful corrections so you can change from getting what you don't want to getting what you do want.

Understanding who you truly are is vital – it gives you greater confidence that you can do this; it turns on a fresh new light for you."

Writer Dr Lois Frankel has praised Janet's book.

"Getting what you want begins with knowing who you are, where you are, and what you want," she said.

"This book takes you on a journey of self-discovery and provides the tools and inspiration that allow you to arrive at your desired destination."

• Janet's book is available at Megalong Books in Leura as well as regional bookshops.

Michelle Jacobs

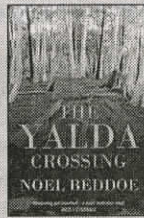
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Recommended reading

The Blueberry invites local independent booksellers to recommend their picks to Mountains readers. This edition Springwood's Turning Page recommends:



The Yalda Crossing by Noel Beddoe



Nine Days by Toni Jordan



The Terrible Thing That Happened to Barnaby Brocket by John Boyne

POETRY

Vision

what is my vision?

first ask the stones

how?

crush and mix stone into paint
build a dry stone wall

step into a shallow running stream
and feel the surprising shapes of pebbles
on your soul

throw your voice into a place
and hear its echo
as you observe vanishing point
and your presence expands
diffused
here

fall with the water wearing away
like letters scribbled on the skin
where blood flows deep

a language before knowing
beyond speaking
beneath life

let stone move
you

Simon Williams